## Innovators inclusivity project

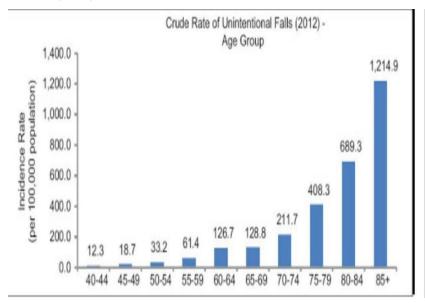
— (Le Qi & Xin Jie) —

#### Problem Statement!

Although there has been more lifts in housing estates, elderly sometimes need to walk up the stairs on certain occasions (for e.g. lifts under maintenance). However, climbing the stairs is a huge problem to them as it causes much inconvenience, danger and strength, especially when carrying heavy objects

#### **Current situations in Singapore (1)**

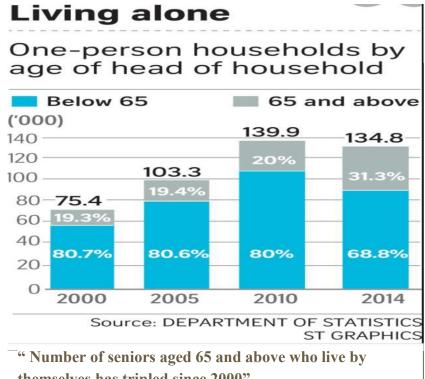
58% (1,448) of unintended falls occurred among adults aged 65 years or older according to the National Trauma Registry Report, in year 2012. This shows that fall risks among elderly is relatively high. Hence, by making a new product to ensure the safety of the elderly on stairs, we hope to decrease the fall risks among the elderly



Taken from: Health Promotion Board–Ministry of Health Clinical Practice Guidelines: Falls Prevention among Older Adults Living in the Community

http://www.smj.org.sg/article/health-promotionboard-ministry-health-clinical-practice-guidelinesfalls-prevention-among

#### **Current situations in Singapore (2)**



themselves has tripled since 2000"

#### source:

https://www.straitstimes.com/singapore/old-and-

This shows that there's an increasing number of seniors without the supervision or assistance of others, therefore there is a need for us to innovate designs that can aid them that are also easy to use and very convenient.

#### **Current situations in Singapore (3)**



As shown in the image above, elderly with walkers need to hold the walkers beside them when climbing the stairs. As the walkers are sometimes bulky, the stairs tend to be not wide enough for both the elderly and the walkers. Additionally, climbing the stairs like this is highly unsafe and inconvenient for the elderly as they can fall easily

source: https://mychart.geisinger.org/Staywel/html/Inpatient/3,86590.html

#### **Current solutions & their problems (walkers)**



Walkers causes inconvenience when walking up the stairs because there isn't specialised functions for aid users in climbing the stairs

#### **Current solutions & their problems (trolleys)**

These are trolleys, they help to carry heavy items but it causes inconvenience to users, especially those with mobility aids when needing to carry trolleys up the stairs with them.



#### **Current solutions & their problems (mobility scooters)**

Mobility scooters are definitely one of the most convenient means for people with mobility aids, however, without the presence of lifts



#### What we aim to achieve:

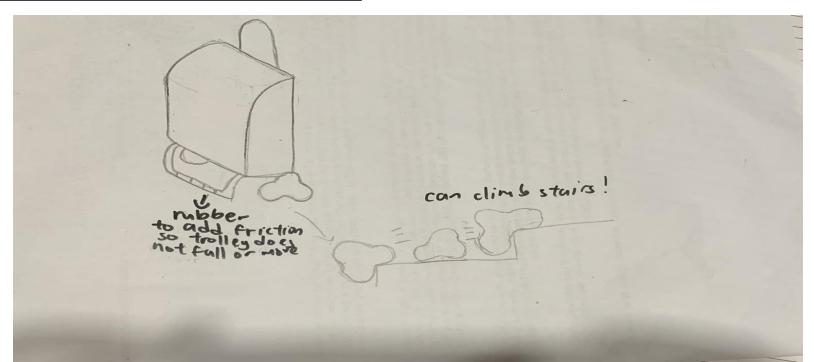
- 1. allow better convenience and safety to help elderly climb the stairs
- 2. In our design, we also focus on minimising the tools and maximising the function (e.g. a walker with a bag)
- 3. an inclusive society

## Generating our ideas! Overview

- 1. The climbable trolley
- 2. Pivot trolley
- 3. Adjustable Walkers
- 4. Walker-trolley

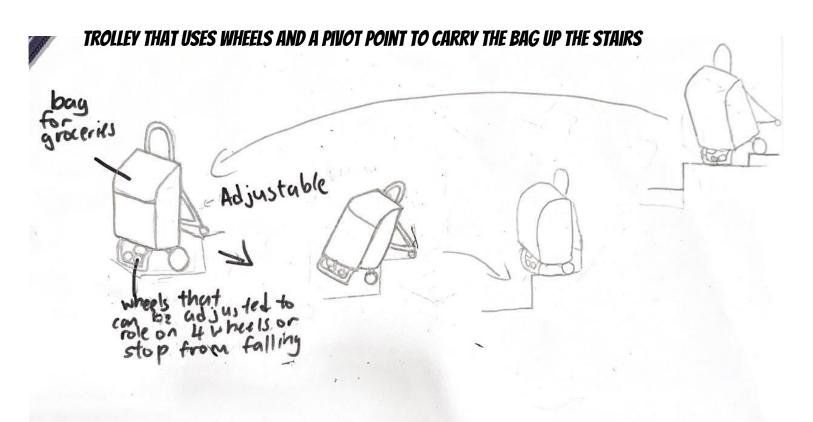
#### Our ideas!

## Idea 1:The trolley that can climb stairs



#### Our ideas!

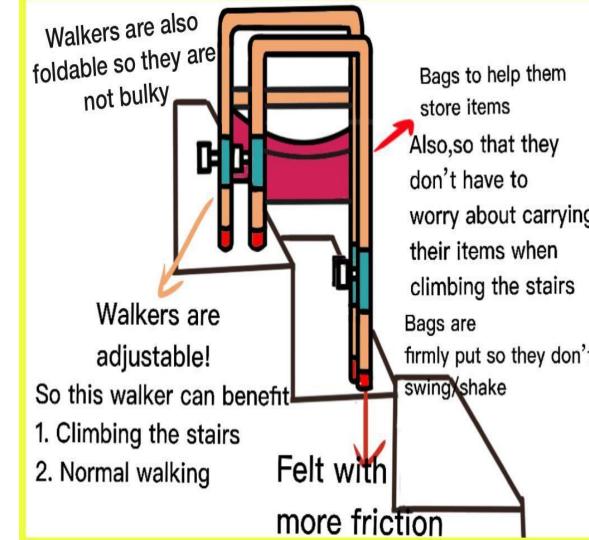
#### **Idea 2: Pivot trolley**



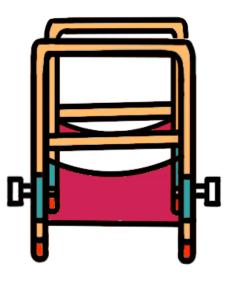
Our ideas! (xin jie)

<u>Idea 1: adjustable</u> walker

Adjustable
walkers to help
elderly climb
stairs



#### **Front View**

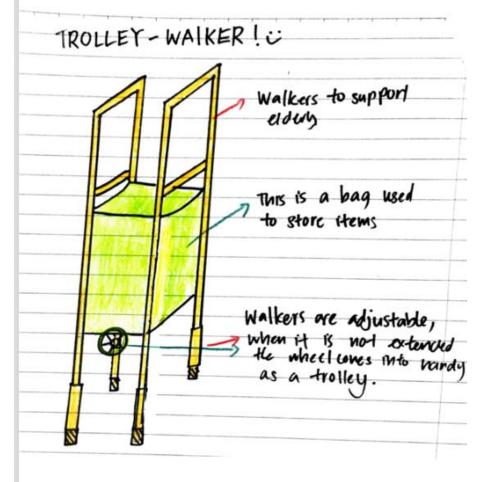


Xin Jie ADJUSTABLE WALKERS - to help climb staircases! Bags to help them store Items Also so that they dong have to worny about arrying their items when climbing stars -> tuy are frinity placed Walkers are so they don't shall easily adjustable! So this walker can benefit in 1. almbing stairs
2. Normal walking Felt with more friction =

### Our ideas! (xin jie)

Idea 2: walker-trolley

Has both the function of a trolley and walker





# Criteria for our project (What should and should not be done)

We evaluated our designs based on multiple factors using a point system 1-4, 1 being the lowest and 4 being the highest.

#### Criteria

- 1. Is the design too big/bulky? (Size might be mobility aids, for instance, our design shouldn't be too big/small, solution: a foldable item from big to small)
- 2. Is this design complicated? (The simpler the better, users might find the design confusing)
- 3. Is this design effective? (covering at least 2 or more scenarios to help users e.g. walking up the stairs and carrying heavy items)

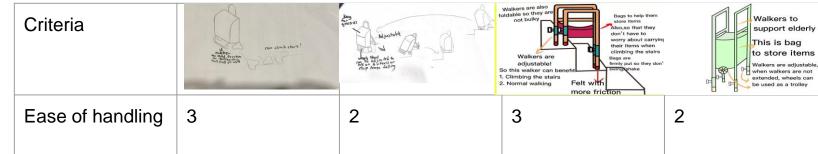
# criteria

portability

total score

3

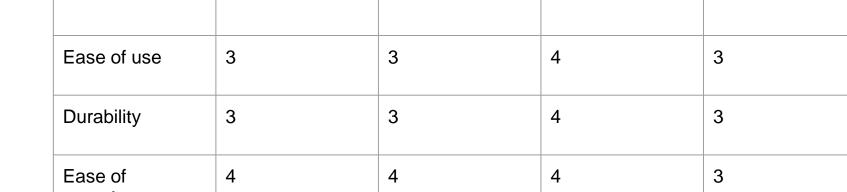
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			more friction	
Ease of handling	3	2	3	2
Ease of use	3	3	4	3

Ease of nandling	3	2	3	2
Ease of use	3	3	4	3
	_	_	_	_





manufacture

15

4

19

11

#### Design not chosen after criteria (lowest score)

#### Disadvantages:

After evaluating, we came to the conclusion that this design, idea 2, Xin Jie's is not suitable used to help aid mobility, as it is not only bulky in size, as it isn't foldable, but always will affect the mobility of users as when items and placed into the bag, the walkers will become heavier and thus become hard to move around with the walkers

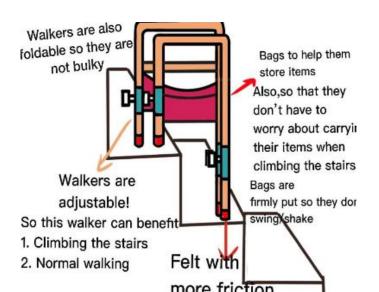
#### Design chosen after criteria (highest score)

#### Advantages:

We came to a conclusion that this design is the perfect size as it is foldable and solves our problem statement as it can carry items and can help the elderly climb up the stairs without falling. Additionally, it's very userfriendly as all you need to do is turn the knobs and you can adjust the walker

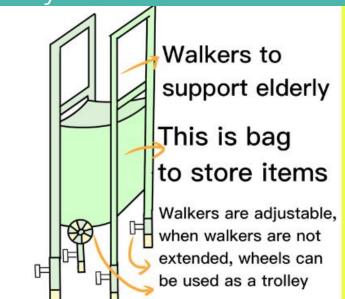
# Product with highest score

Idea 1: foldable walkers



# Product with lowest score

Idea 2: Trolley walker



#### Solution after Criteria judging

in order to achieve a simple, suitable size and a effective design that aids the mobility on users, we judged our designs using the criteria

We came to the conclusion that idea 1 (Xin Jie's adjustable walkers), as it's effective and it covers all factors!

- simple to use
- Adjustable legs and foldable it can decrease in size
- Helps in carrying heavy items (bag) and climbing up the stairs

## End

thank you!